

araq

StartUp 6

Writing

Unit3 – Lesson5

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WHAT DO YOU REMEMBER ABOUT THE ARTICLE “COULD A DOG SAVE YOUR LIFE?” ON PAGE 36?

Have Ss read the task and answer the questions. Then elicit their answers in class.

Have Ss skim the text again and do the task. Then check the answers in class.

READ THE SUMMARY OF THE ARTICLE.

DID YOU REMEMBER EVERYTHING CORRECTLY?

Summary of "Could a Dog Save Your Life?"

According to researchers, dogs have an amazing ability to detect many medical problems, including cancer. Dogs can identify these problems because of their fantastic sense of smell. Researchers have learned that medical detection dogs are accurate, fast, and make the experience smoother for patients. However, medical detection dogs take a lot of time and money to train, and they are not always as reliable as machines. In the future, medical detection dogs might not work in hospitals, but they could still help us to get better at detecting medical problems.

Teach the writing skill and have the Ss do the task in class.

2 FOCUS ON WRITING

A Read the Writing Skill. Then reread the full article and the summary. Is the summary good? Check (✓) the items in the writing skill box that make the summary good.

WRITING SKILL Write a good summary

A summary is a short text that provides the main ideas of a longer text. A good summary:

- ☐ is written in your own words
- ☐ has only information found in the original text
- ☐ includes only the original author's point of view
- ☐ has only the main ideas from the original text
- ☐ includes expressions for reporting the text's ideas, such as *According to…* and *As the article explains…*

Have Ss scan the text again and do the task. Then check the answers in class.

B In the full article, find and underline the main idea that matches each of these sentences from the summary.

Summary sentences
1. According to researchers, dogs have an amazing ability to detect many medical problems, including cancer.
2. Dogs can identify these problems because of their fantastic sense of smell.
3. Researchers have learned that medical detection dogs are accurate, fast, and make the experience smoother for patients.
4. However, medical detection dogs take a lot of time and money to train, and they are not always as reliable as machines.
5. In the future, medical detection dogs might not work in hospitals, but they could still help us to get better at detecting medical problems.

Have Ss scan the text again and do the task. Then check the answers in class.

C Match the wording in the original article with the wording in the summary that expresses the same idea.

Dogs:

___	1. have around 300 million smelling sensors	a.	are not always as reliable
___	2. make the process easier and less painful	b.	are accurate
___	3. sometimes get tired and distracted	c.	have a fantastic sense of smell
___	4. don't make mistakes	d.	make the experience smoother

Summary of "Could a Dog Save Your Life?"

According to researchers, dogs have an amazing ability to detect many medical problems, including cancer. Dogs can identify these problems because of their fantastic sense of smell. Researchers have learned that medical detection dogs are accurate, fast, and make the experience smoother for patients. However, medical detection dogs take a lot of time and money to train, and they are not always as reliable as machines. In the future, medical detection dogs might not work in hospitals, but they could still help us to get better at detecting medical problems.

3 PLAN YOUR WRITING

Reaching the Peak

How can Yuzuru Hanyu do those amazing spins and jumps on the ice? How does Serena Williams win so many tennis tournaments? How is Lionel Messi able make so many goals? You might think the answer is "practice, practice, practice," but according to a new study from psychologist Brooke Macnamara, you would be wrong. Practice is important for all athletes, of course, but there are other things that make the difference between being good and being one of the best. To reach peak performance, athletes need to watch their diets carefully, get plenty of sleep, and achieve the right state of mind. And when you think about it, those are habits we could all benefit from.

Read the article "Reaching the Peak" on page 155. Underline the main ideas in the article. Then write Main idea in the first paragraph.

Teach the model to the Ss and ask them to personalize it in the public chat.

3 PLAN YOUR WRITING

Top athletes know that their bodies need the right fuel. For them, diet is not about body shape—it's about strength, endurance, and energy levels. Of course, their diets vary a lot. Williams eats a lot of nuts, beans, and fruit. Hanyu has soup with pork and soy before every competition. In addition to healthy food, a good diet also includes good hydration. It's important for athletes to get plenty of water and other fluids. The best athletes know that everything they put into their bodies affects their performance.

Read the article "Reaching the Peak" on page 155. Underline the main ideas in the article. Then write Main idea in the second paragraph

Teach the model to the Ss and ask them to personalize it in the public chat.

3 PLAN YOUR WRITING

When athletes train for six hours a day, six days a week, it does a lot of damage to their muscles, and sleep is the only way to repair that damage. Athletes need eight to ten hours of sleep a night—more sleep than the average person. Messi often gets twelve! And many top athletes make an extra effort to get deep, high-quality sleep. A very dark room and cool temperatures are the solution for some. Others use a fan or a white noise machine to block out other sounds. Their specific habits may vary, but all elite athletes know that they need a good night's sleep every night to be at their best.

Read the article "Reaching the Peak" on page 155. Underline the main ideas in the article. Then write Main idea in the third paragraph.

Teach the model to the Ss and ask them to personalize it in the public chat.

3 PLAN YOUR WRITING

Many athletes prepare for competitions by concentrating on positive thoughts or repeating calming words to themselves. They also work hard to keep a positive attitude about the endless hours of training. They make an active effort to enjoy improving their skills rather than just viewing training as a means to an end. And when they are injured, they don't let it get them down but instead focus on what's necessary for recovery. When Hanyu was injured, he continued preparing for the next Olympics with visualization exercises—imagining himself doing his jumps. Many athletes will say that these habits of mental discipline are what put them on top of their game.

Read the article "Reaching the Peak" on page 155. Underline the main ideas in the article. Then write Main idea in the fourth paragraph.

Teach the model to the Ss and ask them to personalize it in the public chat.

3 PLAN YOUR WRITING

For elite athletes, the commitment to peak performance affects every part of their lives. From what they eat for breakfast to when they go to bed at night to how they deal with stress, every habit can make a difference. That's how they make leaping on the ice or slamming the ball over the net look so easy. Most of us are not athletes, but we can apply some of their strategies for success in our own lives.

Read the article "Reaching the Peak" on page 155. Underline the main ideas in the article. Then write Main idea in the fifth paragraph.

Teach the model to the Ss and ask them to personalize it in the public chat.



RETELL THE SUMMARY OF THE TEXT ON PAGE 155.

Create breakout rooms and have the Ss do the task.

Read the directions aloud. Then have Ss complete the task as homework.

Write a summary of the article “Reaching the Peak.” Remember to use only your own words and the information from the original article. Include expressions for reporting the article’s ideas. Use the summary in 1B as a model.



Revising tip

Compare your summary to the original text line by line and paragraph by paragraph. This way you can confirm that you included all the main ideas.

Check your

- spelling
- punctuation
- capitalization